

SheForce/AllenForce



*"There is something about the outside of a horse that is good for the inside of a man."
- Winston Churchill*

Join us to experience interactive ground sessions with our horses. Discover how interacting with horses can impact your behavior and self-awareness, enhance your ability to make healthy choices, and create positive personal space for yourself and others.

3 FREE SESSIONS WILL BE HELD:

SheForce Sunday (open to all women)

April 9, 2017

2:00 PM - 4:30 PM

Jesse Brown VA (ladies)

April 14, 2017

10:00 AM - 12:00 PM

Hines VA (ladies)

April 26, 2017

1:00 PM - 3:00 PM



Photo credited to EAGALA



SESSIONS WILL TAKE PLACE AT:

Acri Verde Farm

24605 103rd Street

Naperville, IL

(847) 226-3720



Photo credited to Richard Kinsey for Refuge Services, 2011

REGISTER NOW!

Each VA will be providing transportation for their own groups - register through VA Rec Therapy.

Those attending SheForce Sunday must provide their own transportation - register at www.ALLENFORCE.org.

FOR MORE INFORMATION, PLEASE CONTACT:

Donna Allen-Sebok, CTRS
ALLENFORCE
All Veterans All Eras
779-205-3314

