HEALTHY MINDS HEALTHY BODIES: SERVING INJURED VETERANS

You're invited to our next Healthy Minds Healthy Bodies 2-day continuing education training workshop.

This workshop is designed to give professionals working with injured veterans, up-to-date information regarding veteran topics including veteran culture, general injury (physical and psychological) and disability awareness, barriers (and solutions) in a fitness facility environment, and adapted exercise programming for these individuals. The goal is to build the professional's capacity of awareness of veteran specific issues, provide information and build confidence to run veteran interviews, provide safe and effective exercise and wellness programs, and direction for collecting data and evaluative results. Lunch each day and HMHB manual included.

Requirements for participation: CTRS/CPRP. Current ACSM certification or current NCCA accredited health/fitness related certification (e.g.) ACE, NCSF, NASM, NFPT, NSCA, Cooper Institute, etc. COPSKT, LCSW or similar.
1.5 CEU's will apply specific to your credentials.

There is limited seating, so we ask that you click on the below link, no later than March 3, 2017 to reserve your spot.
Please Note: It is mandatory that you attend both days.

*This event is in cooperation with NEDSRA and Addison Park District Club Fitness.

If you have any question regarding the event or how to register, please reach out to Donna Allen-Sebok at (847) 372-1092.

We thank you in advance for your attention and response and look forward to seeing you at the workshop.

When:

Friday, March 10, 2017 at 8:00AM-5:00PM CDT
and
Saturday, March 11, 2017 at 8:00AM-5:00PM CDT

Where:

NEDSRA Facility
1770 W Centennial Pl
Addison, IL 60101

(North Entrance behind 1776 Club Fitness)

Register Now:

http://allenforce.org