Military Sexual Trauma Workshop

Hosted by Health & Disability Advocates and The Illinois National Guard Sexual Assault Prevention & Response Office

APRIL 19, 2017

Health & Disability Advocates presents a workshop for community-based organizations interested in serving the behavioral and mental health needs of military Service Members, Veterans, and their families. No previous experience or prerequisite is necessary.

This training is perfect for anyone who wants to know the answers to these questions:

- What is Military Sexual Trauma?
- Who is affected by it?
- What are the signs and symptoms of a survivor of MST?
- What is the difference between a civilian and military survivor of a sexual trauma?
- What can I do to help?

Presenters will include representatives from:

HEALTH & DISABILITY ADVOCATES

ILLINOIS NATIONAL GUARD

SPRINGFIELD VETCENTER

BRIGHT STAR EQUINE CENTER



Topics to be presented on throughout the day include: Civilian Introduction to Rape Culture, a Military Introduction to Rape Culture, Context and Background of Military Sexual Trauma, First Disclosures of Military Sexual Trauma, Principles of Care, Alternative Therapies and Treatment, an overview of Treatment Modalities &

Referrals. Leave with a better understanding of how community organizations can help or collaborate with military organizations, and clinical approaches to working with

this unique population. Additionally, this session builds a foundation for a detailed conversation both during the training but also into the future. Date: Wednesday, April 19, 2017

Time: 8:30 am to 5:00 pm Lunch is provided

Cost: \$45 Includes lunch and 6 CEU's for IL Licensed Clinicians CEUs also available for Military Victim Advocates

Space is limited, so register soon. Scholarships are available upon request, email: <u>esmart@hdadvocates.org</u>

Location:

Scheels Sporting Goods 3rd Floor 3801 S. MacArthur Blvd. Springfield, IL 62711

For more information

contact:

Elizabeth Smart, HDA (312) 265-9079_ emsart@hdadvocates.org

Register Now at <u>http://conta.cc/2mjpbQl</u>









Equestrian Centre